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*Jews have always been a community drawn together by virtue of Torah. No matter where you may be, we welcome you to the Ziegler community through Today's Torah e-mail.*

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**Shabbat Mevarekhim Hahodesh/Parashat Ekev**  
**August 4, 2018 – 23 Av 5778**



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## REPRINT

### Dear God: Thanks for the Grub

Torah Reading: [Deuteronomy 7:12 - 11:25](#)

Haftarah Reading: [Isaiah 49:14 - 51:30](#)

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What's for dinner? What's the best restaurant? Going from store to store to find the right ingredient... How is it that when we travel and when we are home, food is a central component of our conversation, of our thinking, of our planning, of our action? For better or worse, for us as Jews, food is certainly central to our consciousness. How is it, that something that can be so mundane captured the imagination and spirit of our people?

Preparing our ancestors for entry into the land of Israel, Moses says to the Israelites:

"For the Lord your God is bringing you into a good land, a land with streams and springs and fountains issuing from plain and hill; a land of wheat and barley, of vines, figs, and pomegranates, a land of olive trees and honey; a land where you may eat food without stint, where you will lack nothing; a land whose rocks are iron and from whose hills you can mine copper..... V'achalta v'savata oovayrachta et Adonai El-hecha al ha'aretz hatovah asher natan lach. When you have eaten and are satisfied, bless the Lord your God for the good land which God has given you." (Deuteronomy 8:7-10)



